



Be 2 move

Der Stuhl, der dich bewegt

Innovative exercise machine with a minimal footprint

20 exercises in one square meter:

Maximizing space utilization to
expand the product range



The Vision of be2move

Better Health in the Workplace

In a workplace that is becoming increasingly fast-paced, digital, and sedentary, new solutions are needed - for **health, productivity, and well-being** at work. This is exactly where be2move comes in.

be2move is an **innovative exercise device** that brings movement right to your desk.





The vision behind it:

"Bringing movement to where it's lacking: when sitting."

be2move combines **relaxation, exercise, and preventive care** in a product that is not only practical and functional for everyday use but also aesthetically pleasing.

„The idea came to me when I noticed that my clients were falling back into old patterns. I wanted to create a tool that would support them effortlessly, right in the midst of their daily lives.“

Michael Lenze

Founder of be2move



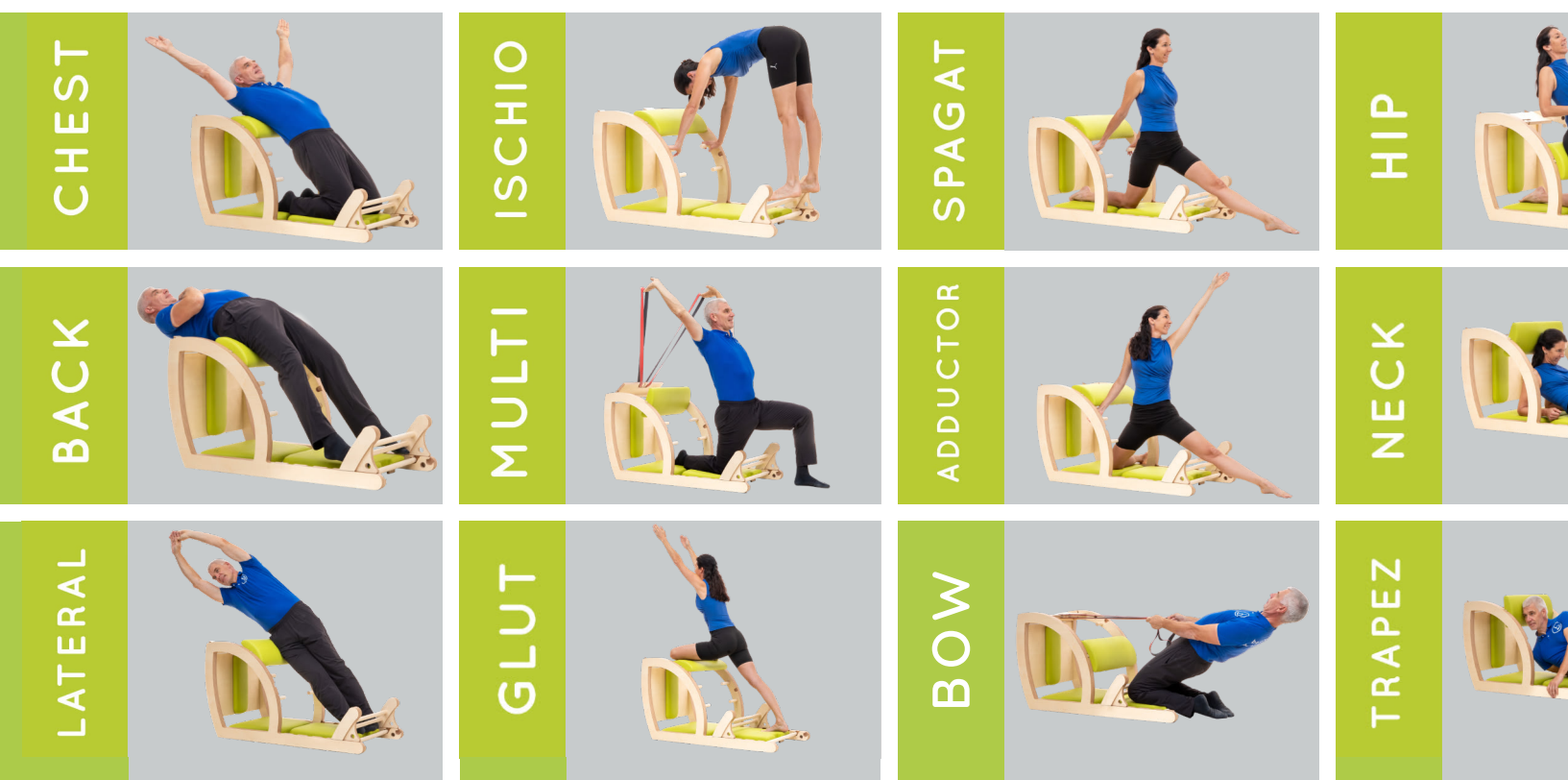
Effective training. Minimal space. Maximum results.

Developed in collaboration with experts in physical therapy and myoreflex therapy, be2move is based on **scientific principles**. Every exercise is effective, safe, and sustainable.

Targeted and, above all, active muscle length training improves flexibility, relieves tension, and prevents pain - for noticeably **greater mobility and well-being**.



1 machine // 3 positions // 20 exercises





Space-saving & flexible

Fits anywhere, whether at the office, in the studio, or at home



Scientifically sound

Developed in collaboration with experts in physical therapy and myoreflex therapy



Ready to use

No need to change clothes, no complicated workout - just get started



Greater mobility & less pain

Lasting improvement through active muscle stretching

Start now

You can **get started right away** - no need to change clothes, **no complicated instructions**, and no lengthy training.

be2move integrates seamlessly into your daily routine - **anytime, anywhere, without any extra effort** or wasted time.

es



CHEST



STAND



LATERAL



HIP



GLUT



ISCHIO



TRAPEZ



ADDUCTOR



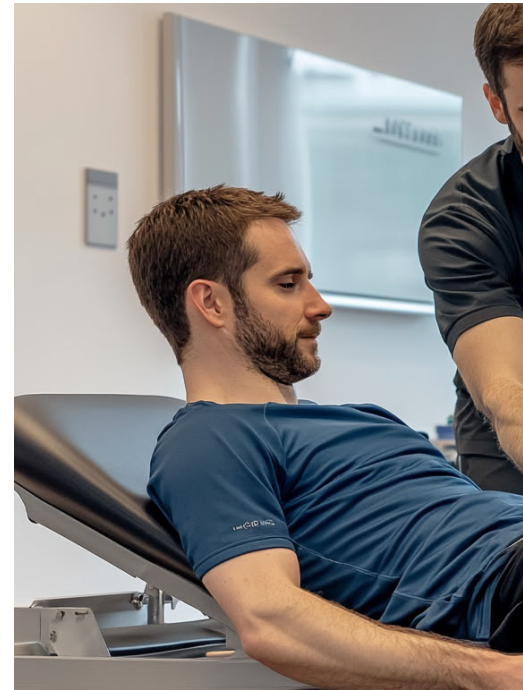
RELAX



Too much equipment, not enough space

Traditional fitness concepts like Five rely on **separate equipment** for individual muscle groups. This results in a **large footprint**, high upfront costs, and limited flexibility.

This is the main reason why gyms with limited space struggle. **Large, bulky equipment take up valuable space**, making the gym feel **crowded** quickly. Less space means less flexibility for new classes and innovative workout options.



More space for fitness

Replace up to 20 pieces of equipment with the single, versatile be2move training machine. At the same time, you'll **free up space for new workout programs**.



20 exercises in 1 square meter



More open space



More training options



Effective
Therapy

be2move use therapeutic

Physical therapists and rehabilitation centers often face the challenge of providing targeted support to patients without making **therapy too time-consuming or labor-intensive**. Poor posture or incorrect movement patterns hinder the success of therapy.

be2move is the solution, enabling **guided movements** that help patients perform exercises safely and effectively - **without the need for extensive corrections by specialized staff**. This means less effort for therapists, faster progress for patients, and a higher success rate.



At Home
Get More Exercise

use at home

More mobility right in your own home. **No room for exercise equipment? No problem!** 20 exercises in one device for better posture - no gym required.

be2move is your living room workout!

be2move isn't just a clever multifunctional equipment - it's also a **stylish rocking chair** for your living room. This way, exercise becomes a regular part of your **daily routine** - completely relaxed, without having to go down to the basement, to the gym, or to a workout room.



Easy integration



Space-saving
be2move offers 20
exercises in just 1
square meter.



more than five
Replaces up to 20
traditional exercise
equipments.



Offer more, seize opportunities
More freedom for your members, more flexibility for new
offerings - without compromising on the variety of workouts.



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The Benefits of Your be2move Swing

The be2move exercise rocking chair is more than just an ergonomic piece of furniture—it is an effective tool for promoting health, motivation, and performance in everyday life.

Your benefits at a glance:



Relaxing & healthy: The gentle rocking motion reduces stress, lowers blood pressure, and is good for your back.



More focus & energy: Also ideal for working from home—moving around every now and then boosts concentration, creativity, and productivity.



Better balance: Rocking helps improve balance and coordination—almost without you noticing.



Invest in a training program with a future

be2move is the versatile training device for modern fitness facilities.

Whether you're buying, hire purchase, or leasing: Together, we'll find the right solution for your studio, practice, or training facility—and show you how be2move can effectively expand your offerings and attract new target audiences.

Get a personalized consultation with no obligation.

Our experts will analyze your needs and develop a concept tailored to your space, your clientele, and your service portfolio.

1

Free consultation & customized solutions

We'll show you how to best integrate be2move into your existing offerings - whether at a gym, in a fitness studio, or as a personal trainer.

2

Quick integration - space-saving & intuitive

be2move takes up very little space and is ready to use right away. The device is intuitive and flexible - ideal for spontaneous use and personalized support.

3

Added value for your customers

With be2move, you can expand your offerings with an effective, space-saving training concept: a true unique selling point.



A modern, brightly lit gym with various exercise machines and equipment. The gym is clean and organized, with a white floor and walls. The lighting is bright and even, highlighting the equipment. The gym is filled with various exercise machines, including treadmills, ellipticals, and weight machines. The overall atmosphere is professional and high-tech.

be2move: The ideal training device for gyms, clinics, and rehabilitation centers.

The solution for **fitness studios, physical therapists,** and any other training facility - including **your own home.** Maximum efficiency, minimal space requirements.

Buy? Hire purchase? Lease?
You decide!



be2move

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FOR
TRAINING LOCATIONS



Be 2 move GmbH || Buchholzweg 28 || 88339 Bad Waldsee
07524 996639 || info@be2move.de

www.be2move.de